

Western Dance Centre

38 High Street, Hadleigh, SS7 2PB

Tel: 01702 559836



Movement and Music for Adults with Special Needs

Every Monday 10am – 12noon

**A fun, lively dance class to encourage and inspire
movement!**

**Improves co-ordination, balance, memory, concentration
and listening skills.**

Dance, meet friends, enjoy creating and performing.

***A carer must stay throughout the class.**

**For further information on this class or any of our
other classes please call 01702 559836 or
visit our website www.westerndancecentre.co.uk**